



## TRAINING APPLICATION, PHOTO RELEASE, RELEASE OF LIABILITY, AND CODE OF CONDUCT

**PLEASE COMPLETE AND PRINT THIS DOCUMENT. SUBMIT  
IT WITH SCANNED OR ORIGINAL SIGNATURES.**

### Application

Athlete's Name: \_\_\_\_\_  
Gender: \_\_\_\_\_ Age: \_\_\_\_\_  
Birth Date: \_\_\_\_\_ USATF# \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Uniform/T-shirt Size: \_\_\_\_\_  
YS YM YL YXL S M L XL other \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
Allergies: \_\_\_\_\_

***If the Athlete is a minor, complete the following:***

Parent(s)Name(s): \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email(s): \_\_\_\_\_

### General Training Terms, Conditions and Agreement

1. Athlete's arriving late or not at all will receive the remaining scheduled session time and the balance of the offered sessions.
2. No training refunds will be issued for any reason, including but not limited to relocation, illness, and unused sessions by the athlete.
3. No training will take place unless/until all fees are paid as agreed. Make all payments directly to Coach Candi via CashApp (\$coachcandy80); PayPal (candidafrancois@gmail.com), Zelle (770.369.3228), Cash, or Check (payable to Candida Francois).

## **Photo/Video Image Release**

I give **Major Impact Track Club – Texas (“MITCTX”)** and **Candida Coulson-Francois (“Coach Candi”)** and its/her staff the absolute right and permission to use the named athlete’s image (photographs, video etc.) in its promotional materials and publicity efforts. I understand that the photographs may be used in a publication, print ad, direct-mail piece, electronic media (e.g. video, CD-ROM, Website, social media site), or other form of promotion. I release MITCTX, Coach Candi, the photographer, their offices, employees, agents, and designees from liability for any violation of any personal or proprietary right I may have in connection with such use. I hereby consent that such information, photographs, videos, and the plates and/or tapes from which they are made shall be their property, and they shall have the right to duplicate, reproduce and make other uses of such information, photographs, videos, recordings, and plates as they may desire free and clear of any claim whatsoever on my part.

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Printed Name of Athlete

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Printed Name Parent (if Client/Athlete is a child)

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Parent/Client’s Signature

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Date

## **RELEASE OF LIABILITY**

READ BEFORE SIGNING

In consideration of being allowed to participate in any way in Major Impact Track Club – TX’s (MITCTX) related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE/GROSS NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS MITCTX their coaches, staff, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (“RELEASEES”), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OR THE GROSS NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

\_\_\_\_\_  
(Parent's Signature)      DATE SIGNED: \_\_\_\_\_

**- WAIVER OF RELEASE OF LIABILITY FOR PARTICIPANTS OF MINORITY AGE**  
*(UNDER AGE 18 AT THE TIME OF REGISTRATION)*

This is to certify that I, as parent/guardian with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of the activity and his/her responsibilities for adhering to the rules and regulations. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's/ward's involvement or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE OR THEIR GROSS NEGLIGENCE, to the fullest extent permitted by law.

I hereby give MITCTX/Coach Candi and its/her staff permission to seek appropriate medical attention in the event of an accident, injury or illness. I, the undersigned, will be responsible for any and all costs of medical attention and/or treatment. I waive, release and forever discharge MITCTX/Coach Candi and her staff from all rights and claims for damages, injury, loss to person or property which may be sustained during training, whether or not damages or loss is due to negligence or gross negligence.

I hereby acknowledge that I (or my child) am/is physically fit, mentally capable, and have/has no limiting physical conditions or disability that would preclude an exercise program.

By signing below, you agree to the GENERAL TERMS, CONDITIONS AND AGREEMENT, accept full responsibility for your own (or your child's) health and well-being, AND you acknowledge an understanding that no responsibility is assumed by the coaches/staff of the club.

\_\_\_\_\_  
Printed Name of Athlete

\_\_\_\_\_  
Printed Name Parent (if Client/Athlete is a minor)

\_\_\_\_\_  
Parent/Client's Signature

\_\_\_\_\_  
Date

**PLEASE SUBMIT THIS FORM TO COACH CANDI IN PERSON  
OR EMAIL IT TO [MAJORIMPACTTRACKCLUBTX@GMAIL.COM](mailto:MAJORIMPACTTRACKCLUBTX@GMAIL.COM)**



## **Major Impact Track Club Code of Conduct**

Major Impact Track Club ("the Club") must maintain standards that allow our athletes and parents ("Members") to serve as role models and to protect our Club from harassment, ridicule, scandal and/or legal liability. Any Member who violates the Code of Conduct (in whole or in part) shall be subject to disciplinary action up to and including termination of their membership. This Code of Conduct shall be binding on all Members. Members are required to review and sign this Code of Conduct annually. However, a Member will not be exempt from following or otherwise not bound by this Code of Conduct merely by their failure to execute the form.

**All Major Impact athletes and parents (as applicable) are expected to honor the tenants of the following Code of Conduct. Please execute and submit along with your application.**

-I understand that participation in athletics does not take precedence over regular academic school requirements

-I commit to maintain acceptable academic and behavioral standing in school and in the community

-I will let subject teachers know in advance when I will be absent from class because of a track meet.

-I will obtain the class work and/or reschedule any test/quizzes that I may miss as a result missing class because of a track meet

-I will challenge anyone whose behavior falls below the expected standards of healthy and positive athletic competition

- I will be responsible for my own training needs by being organized, having the appropriate equipment, and being on time

-I will report any injury or distress to parents and coaches as soon as possible

-I commit to the following:

- No academic dishonesty

- No teasing, swearing, or being disrespectful adults or other athletes

- No bullying, harassment, cyber-bullying, theft, or vandalizing

- No overt disrespect to officials, parents, coaches, volunteers, adults, teammates or other athletes

- No involvement in illicit or criminal behavior

- No vaping, smoking, or alcohol/drug use

-I will not use social media to publish or submit any of the following:

- a. material that contains vulgar obscene or indecent language or images

b. material which defames, abuses or threatens others

c. statements that are bigoted, hateful or racially offensive

-I will not knowingly possess, use, transmit or be under the influence of drugs, inhalants, or controlled substances of any kind (unless its prescribed by a medical professional)

-I will practice good sportsmanship

- I will act in ways that bring respect to me, my coaches, parents, opponents, teammates, and my club

- I will not fight with other athletes, coaches, volunteers and staff

-I will work hard for myself and my team

- I will do my best to listen and learn from my coaches

-Show patience with and respect diversity in others

-Never accept rides in cars or invitations into homes without the prior knowledge and consent of your parents/caregiver

#### **Penalties for Code of Conduct Violations**

a. Reprimand

b. Loss of practice/competition time

c. Suspension from Major Impact Track Club

d. Removal from the team

By my signature below, I hereby acknowledge that I have read, understand and agree to abide by the Major Impact Track Club Code of Conduct. I further understand that I am bound by this Code of Conduct and that the Club's interpretation of this Code of Conduct shall control in all matters arising under or out of this Code of Conduct.

\_\_\_\_\_  
Printed Name of Athlete

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name Parent (if Client/Athlete is a minor)

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date